# NIHR ARC North Thames

# Knowledge Mobilisation Fellowship

**WELCOME HANDBOOK**

**NIHR** | Applied Research Collaboration North Thames

# Contents

# Introduction

Welcome to the NIHR Applied Research Collaboration North Thames (ARC) North Thames Knowledge Mobilisation (KM) Fellowship programme.

The aim of the programme is to build KM capacity and capability within the regional health and social care system to get effective treatments and models of care into practice, thereby maximising the impact of research.

Our programme sits within a wider, national programme of KM capacity building led by NIHR ARC Greater Manchester. This Handbook provides an overview of ARC NT and of our KM Fellowship programme.

## About NIHR ARC North Thames

NIHR Applied Research Collaboration (ARC) North Thames conducts innovative research that meets the most pressing needs of our communities and health and care systems, and that directly improves health and and social care and reduces inequalities.

We are one of 15 ARCs funded by the National Institute for Health and Care Research (NIHR). The ARCs are regional collaborations between universities, health and social care systems, charities and industry, established to undertake and build capacity and capability for applied health and care research. Our national leadership area is Population Health.

### Our vision

We are working to:

- Develop leading health service, population health and social care research that can quickly be put into practice
- Contribute to higher quality, fairer, better-linked services that meet complex needs and improve user outcomes and experience
- Develop structures for research supported by thriving public, patient and community involvement; and high-quality training, mentoring and supervision of future research leaders
- Attract funding for research and implementation support and ensure our findings reach a wide range of audiences.

### Our Geography

We cover North Central London (NCL), North East London (NEL), Mid and South Essex (MSE), and parts of Hertfordshire and Bedfordshire. Over six million people live in our region, an ethnically diverse population living in inner city, urban and rural communities. The neighbourhoods we cover range from the sixth most affluent in England to the third most deprived.
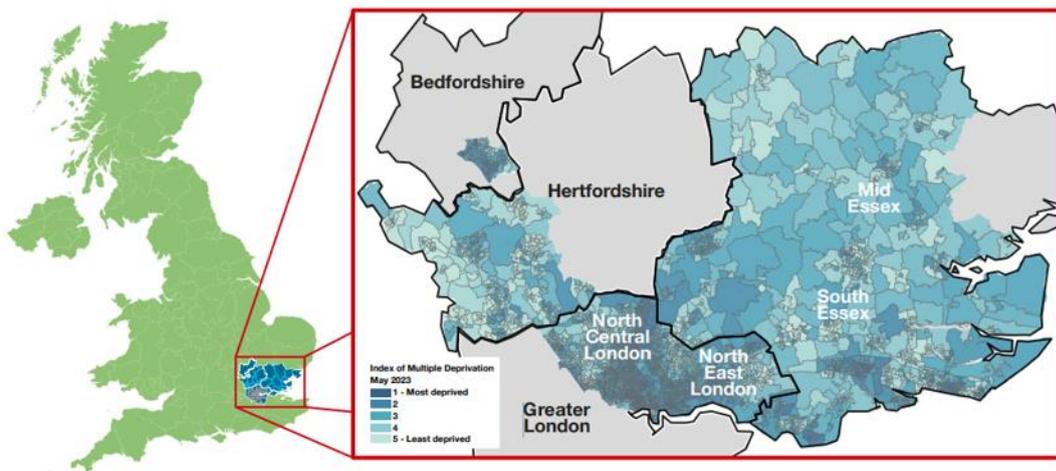
*Figure 1. Our Region Mapped*

NIHR ARC North Thames is a partnership between five leading universities (University College London, London School of Hygiene & Tropical Medicine, Queen Mary University of London, London School of Economics and City St George's University of London), UCLPartners (our Health Innovation Network), our three ICBs (MSE, NEL, NCL), Trusts, Local Authorities, industry and charities. We are hosted by Barts Health NHS Trust.

We collaborate across our region and nationally to identify problems that can be addressed through high quality, generalisable, applied health and social care research, which we deliver with our partners.

In January 2025, we submitted an application to receive further funding from the NIHR. If approved, then our work will continue from April 2026 for 5 years.

## Research Themes

We conduct high quality, innovative applied health and social care research that broadly focuses on five themes. Each theme holds a monthly online meeting, where you can join to hear research presentations, get updates on ongoing work, ask questions, and find support and collaboration opportunities with peers. Theme membership also means you will be on our mailing list to hear about upcoming presentations and relevant funding and networking opportunities including with other ARCs.

Theme membership includes researchers, provider and commissioner colleagues, public and community representatives and members of the ARC North Thames core team. More information about each theme is below.

To join any of the Themes, please contact Emma Foulds (e.foulds@ucl.ac.uk).

## Mental Health
**Theme Leads:** Peter Fonagy (UCL), Mark Freestone (Tavistock & Portman NHS Foundation Trust) and Steve Pilling (UCL)

We investigate the reasons for this and test better prevention and management approaches. This increases fairness in provision and delivers more efficient care. Nationwide, 30% of us will be affected by mental health issues every year and many suffer from treatment inequalities.

Meetings take place on the second Tuesday of each month, from 11:30am-12:00pm.

## Multiple Long Term Conditions
**Theme Leads:** David Osborn (UCL) and Stephanie Taylor (QMUL)

We examine socio-demographic differences in service use, experiences and outcomes and test ways to reduce inappropriate prescribing, improve frailty detection, the quality of NHS treatment and how services connect. 54% of people over 65 have multiple health problems and this is projected to rise by 14% by 2035.

Meetings take place every other month on the 3rd Tuesday from 2pm – 3pm.

## Population Health and Social Care
**Theme Leads:** Chris Griffiths (QMUL) and Dalya Marks (LSHTM)

We help local authorities decide the best ways to provide services to promote health, social care and wellbeing. We look at persistent problems (child health inequalities, impacts of multiple disadvantage, pollution, sustainable social care) and emerging issues (i.e. gambling, knife crime).

Meetings are held on the last Thursday of every month from 12:30pm – 2pm.

## Innovation and Implementation Science
**Theme Leads:** Charitini Stavropoulou (City St George's, University of London) and Fiona Stevenson (UCL)

We evaluate new models of care, digital technologies and approaches to improving health and social care system performance. We want to improve implementation in diverse settings, provide frameworks and tools for practitioners and reduce the delay between innovation and putting it into everyday practice.

Meetings are held on the 4th Wednesday of every month between 3pm – 4:30pm.

## Health Economics and Data
**Theme Leads:** Elena Pizzo (UCL) and Hajar Hajmohammadi (QMUL)

This theme supports the others to make better use of advances, including linking data and measuring value for money.

Meetings are held on the third Thursday of every month from 11:00am – 12:30pm.

# Research Partnership Team

The Research Partnership Team (RPT) are a dynamic, multidisciplinary group of applied health and social care researchers with specialist methodological and subject expertise. Experience among team members is diverse and includes evaluation of complex interventions (using quantitative and qualitative methods), social care research, applied statistics, health economics, organisational research, and systematic reviewing.

RPT members engage and work with our partners and communities - including health and social care practitioners, community leaders, policy professionals, industry and VSCE colleagues - to identify potential research questions, co-design and develop funding and research with potential for impact and implementation.

# Public, Patient and Community Partners

Patient, public and community involvement, engagement and participation are central to the work of ARC North Thames. We have a thriving network of PPIE members who can support your work by providing lived experience perspectives, and who's roles include:
- Ensuring centrality of public/patient/community perspective via our Research Advisory Panel
- Providing guidance to ensure accessibility and clarity via our Virtual Document Review Panel
- Co-design and delivery of our teaching on public involvement in research
- Co-design and delivery of individual ARC studies
- Steering our work via membership in our Management Board and Theme networks.

# Equality, Diversity and Inclusion

At ARC North Thames, we focus on research that will directly improve the health and social care system and reduce inequalities. Equity is fundamental to our overall purpose.  We are therefore committed to improving inclusion in all aspects of our work.

Our Inclusion Committee meets quarterly and allows us to coordinate together on the equality, diversity and inclusion activities and initiatives underway across the ARC. We share lessons, build on best practice, and explore new initiatives. All KM Fellows are invited to join the Inclusion Committee by contacting Hannah Savage (h.savage@ucl.ac.uk).

The purpose of the committee is to:
- Uphold the principles of equality, diversity and inclusion across the ARC
- Explore links with, and learn from, other inclusion initiatives in our region
- Bring an equality, diversity and inclusion lens to the ARC's work, working across existing structures to bring about improvements
- Act as a forum for action, as well as information/idea sharing
- Be a critical friend and advisor to the ARC
- Act in educational role, signposting to/developing resources as needed

- Evaluate how inclusion is enacted across the ARC, to monitor, and to encourage compliance with initiatives
- Help align the ARC more closely with NIHR's equality, diversity and inclusion strategy.

# Key Contacts

A full list of contacts is on our website.

### Knowledge Mobilisation Fellowship Support

| Role | Contact | Email |
|---|---|---|
| KM co-ordinator & Research & Implementation Facilitator, Research Partnership Team | Melissa Galea Holmes | melissa.galea-holmes@ucl.ac.uk |
| Academy Lecturer | Silvie Cooper | silvie.cooper@ucl.ac.uk |
| KM Lead (interim); Theme Lead, Innovation and Implementation Science & Implementation Lead | Charitini Stavropoulou | charitini.stavropoulou@citystgeorges.ac.uk |
| KM Lead (returning Sept 2025) | Sarah Jasim | s.jasim@lse.ac.uk |

### NIHR ARC North Thames Core Team

| Role | Contact | Email |
|---|---|---|
| Head of Operations | Susie Edwards | susie.edwards@ucl.ac.uk |
| Project Manager | Kim Airey | k.airey@ucl.ac.uk |
| Patient and Public Involvement and Engagement (PPIE) Lead | William Lammons | william.lammons@ucl.ac.uk |
| Communications Manager | Katy Murray | katherine.murray@ucl.ac.uk |
| Finance Manager | Nadia Smolenskaja | n.smolenskaja@ucl.ac.uk |
| Training and Engagement Coordinator | Jess Wright | jess.wright@ucl.ac.uk arc.academy@ucl.ac.uk |
| Project Manager for Inclusion | Hannah Savage | h.savage@ucl.ac.uk |

## Our Academy

Every health and social care professional can introduce widespread and meaningful changes to the care of patients and people in the community through applied health and social care research.

The NIHR ARC North Thames Academy (the Academy) supports people working in universities, local health and social care sectors and other stakeholders to co-produce applied health and social care research and put outputs into practice. Our goal is to help foster a sustainable local research community by building research capacity and providing an effective support network.

We provide training and engagement opportunities for our partner members and those working in applied health and social care research. These training opportunities range from CPD workshops to fellowship, mentoring and networking schemes to funded PhD studentships. We also host seminars throughout the year to promote discussion on key topics.

## Early Career Researcher Network and Committee

The ARC Early Career Researchers (ECR) Network is a pan-London network of early career applied health researchers and health and care professionals across the ARC and partner Trusts/organisations. The network was established to provide a supportive and inclusive space for peer support for researchers, students, health and care professionals and those working in applied health research and provide an opportunity for members to develop wider academic skills and networks.

The network is coordinated by a committee that aims to organise 1-3 larger events/year covering a range of topics, including but not limited to, research skills development, research promotion, career planning, networking and collaborative working. Members of the committee are principally ARC staff, research students, affiliates, alumni or employees of partner organisations. The network draws together individuals and groups from across its partners to provide diversity in scientific domains and clinical specialties often not found in other networks.

Join our **ECR Network Mailing List**, where all ECR events and opportunities are shared. Contact Jess Wright on arc.academy@ucl.ac.ukto join and for more information.

# Overview of the ARC NT KM Fellowship Programme

## KM Fellows, Hosts and Priority areas

ARC NT is hosting five fellows across four priority areas which have been identified with our provider and commissioner partners. These are shown in the Table below. In addition, cross cutting themes include:

- Linking evidence with commissioning and service re-design;
- Continuing dialogue and collaboration, system wide (across geographies, organisations and settings), to maximise KM across health and social care pathways in the priority areas;
- Understanding why KM activities have/not worked in the North Thames region to promote its effective use, spread and scale (linked to innovation).

| Priority area | Fellow, Home organisation | Supervisor, Host organisation |
|---|---|---|
| Starting-Living-Ageing Well | Jackie Walumbe, ULCH | Charitini Stavropoulou, City St George's University of London |
| Starting-Living-Ageing Well | Jose Acuyo, NEL ICS | Charitini Stavropoulou, City St George's University of London |
| Mental Health & Dementia | Lucie Hogger, Whittington Health NHS Trust | Melissa Galea Holmes, UCL |
| Tackling Healthcare Inequalities | Nicholas Oyeniyi, Vested | Anne Bowers, Newham Centre for Health & Care Equity |
| Health and Social Care Integration | Sarah McMullen, UCL | Matt Jones, NEL ICB |

## Academy Learning Community for Knowledge Mobilisation Fellows: Overview

**Individual Training Plans**

Fellows' individual training plans will be co-developed with Knowledge Mobilisation (KM) supervisors and fellows tailored according to the regional NIHR ARC North Thames (Starting-Living-Ageing Well, Dementia & Mental Health, Tackling Healthcare Inequalities, Health & Social Care Integration).

Plans will cover self-assessment of their KM-specified competencies and needs, support required to develop expertise and networks, teaching and development opportunities and reporting requirements. The Fellow will benefit from the host institution's training opportunities, but when needed they will also attend training sessions offered in other ARC North Thames institutions. These plans will be used

during cohort (learning community) meetings and with supervisors, mentors and programme coordinators.
Training plans will be further enhanced by:

## Academy training
Complementary to other capacity building initiatives in NIHR ARC North Thames, Fellows will be offered bespoke training. This training will be identified by Fellows with supervisor input, and the Academy will facilitate access to training.
Fellows will coproduce and co-deliver KM training with the Academy. Training will cover core KM knowledge and skills; specialist strategies for KM; and tailored training for different groups of professionals, contexts and settings.
Fellows will also host networking and engagement events with colleagues and stakeholders ensuring bidirectional exchange and co-ownership of training for the benefit of Fellows and their broader networks/settings.

The training plans developed by Fellows will help us to know more about the cohort, their needs and how best to support them. We will also ask you to identify your areas of focus (See Appendix 1) during the programme and to identify the specific goals you wish to achieve. These can be used in your own learning, in participation in Learning Community events (see Section below) and conversation with your supervisor and/or mentor.

Fellowships will include a personally tailored programme of mentorship, learning and development activity. To supplement this, we have put together a directory of KM resources, which will be added to through the programme (Appendix 2). The directory lists resources on a range of topics relevant to KM, and provides links to other repositories, sources of information and networks.

## Wider NIHR Support
NIHR ARC North Thames KM Fellows will also join activities coordinated by NIHR ARC Greater Manchester acting as the National ARC KM Coordinating Group. The ARC North Thames KM team will keep you informed as the programme develops and opportunities arise.

Fellows who are funded for more than 25% of their time can access NIHR Academy opportunities, such as the NIHR Academy Members conference and other funding opportunities.

## ARC North Thames Learning Community
## Purpose
The purpose of the learning community is to:
- Bring KM fellows together regularly to review individual training plans, development activities and to network
- Share learning, progress and experience, and to problem solve collectively
- Hear from invited speakers/experts in policy, research, practice and community
- Co-develop and co-deliver KM training, networking and engagement events (described above).

## Learning Community meeting format and communications

The Academy will host a quarterly meeting (January, April, July, October) for Fellows to facilitate peer support and shared learning during the programme. These will be themed meetings, with invited speakers and potentially opening up the forum to others involved in KM across ARC North Thames.

These are designed to provide help and support, and as a forum to explore collaboration and ideas for events/activity, and for learning and development conversations. The meetings will be supplemented by a Community platform and an email list.

The meetings will be held online initially, with potential to move to hybrid or in person sessions if desired.

We will invite Fellows to present at the Learning Community meetings up to three times across the KM Programme. This could be a "**sharing practice" lesson** about an aspect of their KM project. The 15–20-minute presentation covering the focus area and context, planned activities, opportunities and challenges, and feedback/input requests.

We will also plan to host seminars from invited speakers where relevant. We will use the meeting time to discuss development of the Academy's KM teaching plans, which KM Fellows will co-develop and deliver with the Academy team. A group discussion will follow.

There is scope to shape the Community programme around the particular needs and interests of the cohort. If you have suggestions, ideas or feedback on the proposed programme, please contact Silvie Cooper (silvie.cooper@ucl.ac.uk). You are encouraged to tell us (via the Community platform, regular online meetings or by email) what you would like to get out of the scheme in terms of skill development, topic-focused support and Community-building activities. This will help us to plan activities around the cohort's needs.

| Learning Community meeting dates and topics 2025-2027 | |
|---|---|
| **April 2025** | Introductory induction meeting<br>Academy training overview |
| **July 2025** | KM Fellow 1 & 2 presentations |
| **October 2025** | KM Fellow 3, 4 & 5 presentations |
| **January 2026 (external)** | Invited speaker<br>Academy training progress discussion |
| **April 2026** | KM Fellow 1 & 2 presentations |
| **July 2026** | KM Fellow 3, 4 & 5 presentations |
| **October 2026 (external)** | Invited speaker<br>Academy training progress discussion |
| **January 2027** | KM Fellow 1 & 2 presentations |
| **April 2027** | KM Fellow 3, 4 & 5 presentations |
| **June 2027 (external)** | Invited speaker<br>Programme close |

# Arista Institute collaboration

The Arista Institute is a collaboration led by Prof Maurice Biriotti and Prof Ruth Morgan at UCL, formed to address persistent, complex, dynamic challenges using creative interdisciplinary thinking.
In collaboration with the ARC NT KM programme, researchers from the Arista Institute will explore ways to bridge the implementation gap, improve health, and reduce inequality.

The Arista Institute takes an interdisciplinary and multi-sector approach, combining disciplinary literature reviews and in-person engagement to identify synergies, tensions and intersections between different disciplinary perspectives and expectations. This collaboration is intended to identify opportunities to translate evidence and insight into practical impact.

ARC NT KM Fellows, Supervisors, Mentors and other members of our KM programme are invited to work with Arista colleagues as part of this collaboration. Our key contact for this initiative is Christina Ballinger (christina.ballinger@ucl.ac.uk).

# Appendix 1: Template Training Plan

Fellows' individual training plans will be co-developed with KM supervisors and fellows tailored according to the regional ARC North Thames priorities that each Fellowship focuses on. The template training plan provided below can be used for this purpose. We encourage review of two frameworks (below the table) that may inform your assessment of your competencies and capabilities and how you might develop with this Fellowship.

At the start of your fellowship, we suggest conducting a **self-assessment** of your current competencies and skills for KM, any needs you might identify and areas to develop in your KM practice and support required to achieve this. Note networks you are part of or would intend to join, teaching you can participate in, and other development opportunities as relevant.

In the **plans** section, we recommend using SMART objectives to identify short, medium and long-term activities and outcomes to be achieved during the Fellowship.

For **reporting,** you can note planned attendance at relevant meetings, teaching opportunities, engagement activities and other opportunities, which you will then review at mid-programme and end of programme as having been achieved. This section will also support completion of the activity log (discussed below). Alongside using the training plan in regular meetings with supervisors, engagement with ARC NT meetings (Theme/PPIE/Core/Academy) and the Learning Community meetings, we encourage review of this training plan at the initiation of the programme, mid-way through, and at the end of the programme.

| | Programme initiation | Mid-programme review | End of programme report |
|---|---|---|---|
| **KM Fellow self-assessment plan template** | | | |
| • Competencies | | | |
| • Needs | | | |
| • Support to develop expertise | | | |
| • Networks | | | |
| • Teaching opportunities | | | |
| • Development opportunities | | | |
| **Plans** | | | |
| • Working pattern | | | |
| • Activities | | | |
| • Outputs/outcomes | | | |
| • Ways of working and supervisor engagement | | | |

| Reporting | | | |
|---|---|---|---|
| • Attendance at Learning community meetings | | | |
| • Uptake of national KM cohort opportunities | | | |
| • Engagement activities | | | |
| • Teaching/training participation | | | |

# Multi-professional Practice-based Research Capabilities Framework

This framework has been developed for use in *health and care practice* and so may not directly translate for your background and role. Please review with this in mind.

## Purpose and intended use of the Multi-professional Practice-based Research Capabilities Framework

The purpose of the **Multi-professional Practice-based Research Capabilities Framework** is to:

1. facilitate transformation of health and care service delivery.
2. enhance outcomes and experiences of individuals and communities.
3. support health and care professionals to engage in, and with, research.

The Framework elaborates incremental research capability development as one of the **pillars** across four **levels** of practice. The focus is specifically on **practice-based** health and care professionals. The intended audience does not extend to colleagues in medicine and dentistry, for whom well-established guidance and structures already exist.

The Framework aims to highlight and promote active involvement in, and with, research as an integral component of practice for all health and care professionals. This is the case regardless of the setting in which they work – whether primary, secondary or tertiary care, in the community, social care or elsewhere. The Framework outlines a **common set of core capabilities** for the diverse disciplines outside medicine and dentistry.

The expectation is that **all** practice-based health and care professionals develop these **fundamental** capabilities, relevant to their level of practice. **It is, however, recognised that individuals or groups of practitioners may possess or choose to develop capabilities beyond those outlined at a particular level of practice.** This might relate to different entry level qualifications. It could apply to those in research delivery leadership roles or actively pursuing a clinical or practitioner academic development pathway.

The intention of the Framework is to facilitate and accelerate the development of practice-based research capabilities, capacity and career pathways across the health and care professions.

The research capabilities are reflected in the image below:
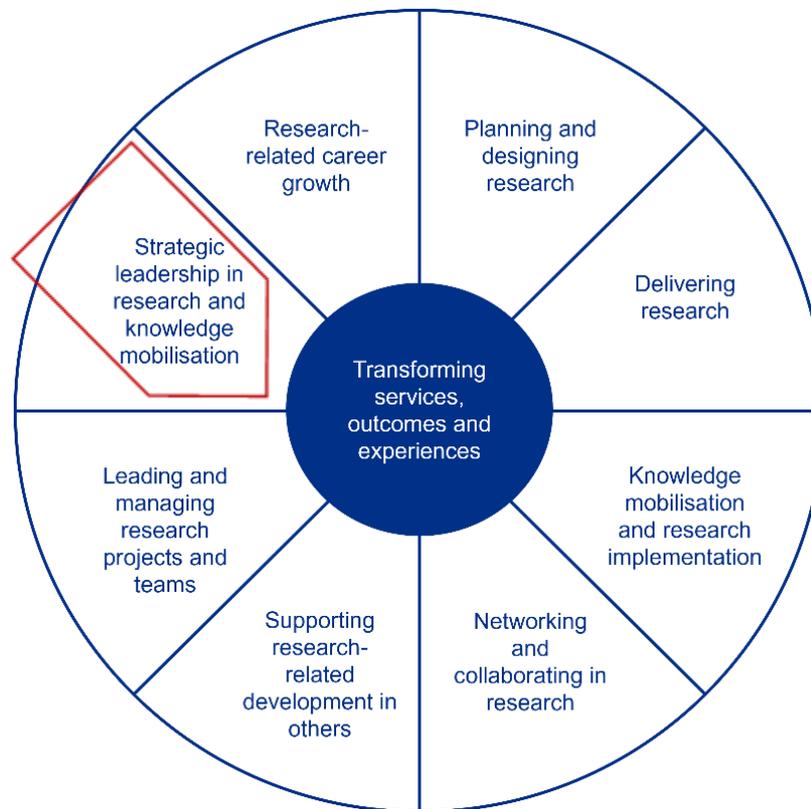


Source: Research capabilities in the **Multi-professional Practice-based Research Capabilities Framework: https://advanced-practice.hee.nhs.uk/our-work/research/research-capabilities/**.

The focus of the **Strategic leadership in research and knowledge mobilisation** domain is on capabilities associated with awareness of, influencing and leading research and knowledge mobilisation within broader organisational, national or international contexts.

We recommend reviewing capabilities associated "enhanced", "advanced" and "consultant" levels of this domain.

# Researcher Development Framework (RDF)

The Vitae Researcher Development Framework (RDF) highlights the four key domains of knowledge, behaviours and attributes needed to become a successful researcher. The framework covers the knowledge, methodologies, personal effectiveness, and professional standard needed to create impactful research. Each domain has several sub-domains to assist your development. It has been developed for use in **research roles and settings such as universities** and so may not directly translate for your background and role. Please review with this in mind.

UCL's skills development programme (which your host organisations may have similar provision of) is developed from the Researcher Development Framework and based on the four categories listed in the RDF framework.

The initial self-assessment you will complete at the initiation of your Fellowship will constitute the baseline for tracking your learning progress and identifying your learning areas. Once the analysis of the self-assessment is completed, you will discuss the results with your project supervisor to identify specific tasks and learning opportunities to support your development as a KM Fellow.

Below is a graphic representation of the structure of the framework, with its four domains and twelve subdomains.
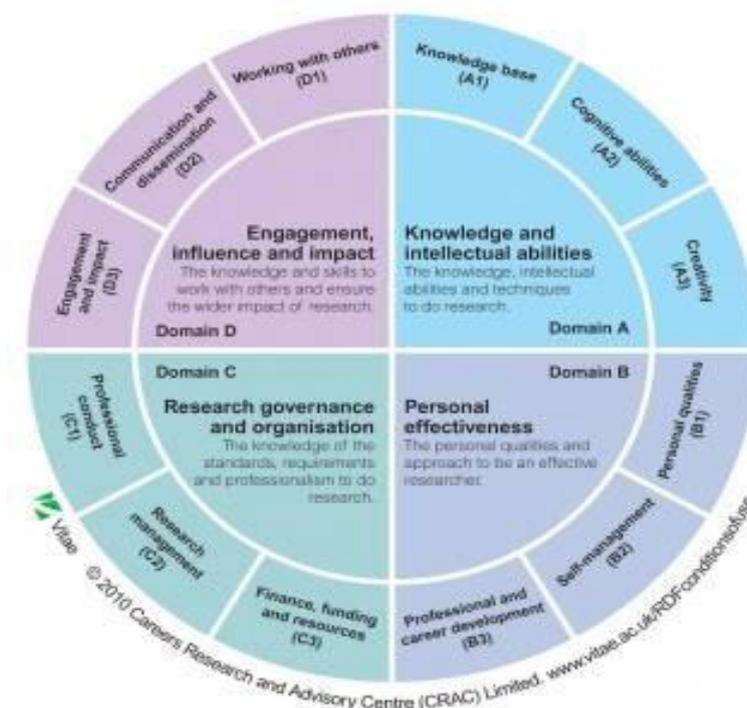


You are encouraged to learn more about the framework and its domain via clicking on this link Layout 1 (ucl.ac.uk).

You will track your progress at three time points (start of fellowship, mid-way, and at the end). These will continue to inform your learning journey.

# Reporting

We ask that all Fellows contribute to reporting during their fellowships related to the following:

- Learning community participation (attending meetings, contributing to discussions, presenting, sharing learning)
- Uptake of national KM cohort opportunities
- Engagement activities you undertake as part of your Fellowship
- Teaching/training participation (Training you engage with, and training or teaching you help develop and deliver alongside the Academy).

Please review this section of the template training plan above. We suggest tracking at the initiation of your Fellowship, mid-way through, and at the end. We will co-produce an activity log to keep track of your activities, support your planning and learning, and help with reporting.

The project supervisor will also complete an end of fellowship report on your learning and on the programme.

## Supervision and Mentoring

The NIHR has an established and well-structured offering for Career Development support. We have used the existing NIHR mentoring programme resources in the text below. To ensure all Fellows are supported both in relation to their Fellowship work and to their career development, each Fellow has been matched with a supervisor and a mentor:

**Supervisors:** The focus of supervision is to provide one-to-one support the KM Fellows with developing the project work. Supervisors will draw on their knowledge and expertise in the topic of interest, practice setting or knowledge mobilisation more broadly. Supervision may encompass topic development, network (supervisory or project team and cross-sector) development, and capacity and capability for knowledge mobilisation.

**Supervisory engagement:** Regular meetings to be determined with ways of working. Suggested 1hr every 4 weeks for duration of Fellowship. The supervisor will complete a short report on progress and feedback midway and at the end of the programme.

**Mentors:** Mentoring will be provided by the ARC North Thames KM Leadership Team and will focus on supporting career development in knowledge mobilisation and providing tailored knowledge brokerage guidance for bi-directional engagement with communities (particularly the underserved) and individuals (senior leadership to frontline practitioners).

We invite mentors to engage fellows in one-to-one support around career development, including time for personal growth and reflection. We believe this arrangement to be beneficial for both KM Fellows and mentors, as we recognise this exchange may offer the opportunity to gain new perspectives, fresh insights and expand professional networks.

**Mentor engagement:** Suggested 1hr every 8-12 weeks for duration of Fellowships. The mentoring meetings will be facilitated through the Fellow's training plans and reflections. The mentor will complete a short report on progress and feedback midway and at the end of the programme.

Recommended readings for mentors and mentees
Before embarking on a mentoring relationship | NIHR
Purpose, direction and goals in the mentoring relationship | NIHR

# Appendix 2: Knowledge mobilisation training and resources

## Existing training on knowledge mobilisation and research impact:

## Knowledge mobilisation

**NIHR ARC West guide on implementation and knowledge mobilisation:** https://arc-w.nihr.ac.uk/training-and-capacity-building/arc-west-courses/an-nihr-arc-guide-to-resources-about-implementation-knowledge-mobilisation-and-impact/ive-got-the-basics-i-want-to-develop-my-knowledge-and-skills-further/.

**Cape video, "What is KM"?:** (23) Post | LinkedIn

**UCL Knowledge Broker Academy:** The KBA, funded by UCL's IAA (Impact Acceleration Account) and QR-PSFs (Policy Support Funds), is a pilot programme responding to UCL's strategic mission to enhance the impact of our research and innovation. It aims to elevate UCL's profile in public policy spaces and foster impactful knowledge exchange, leadership development, and cross-disciplinary network building.

**NIHR "planning for knowledge mobilisation" tool:** Your knowledge mobilisation plan describes your intended research outcomes and impact, and the activities you will do to realise these. Knowledge mobilisation includes, but goes beyond, the dissemination of research findings.

**Transforming Evidence for policy and practice**: Resource page of blogs, reports, podcasts, academic papers and books. They also share resources created and published by community members: https://transforming-evidence.org/resources.

**NIHR Blog:** Knowledge mobilisation is everyone's business.

**UK Parliament Knowledge Exchange Unit online training sessions:** "Parliament for knowledge mobilisers".

**Webinars:** NIHR PRU in Adult Social Care showcase.

**NHS Knowledge Mobilisation Framework:** https://library.hee.nhs.uk/knowledge-mobilisation/nhs-knowledge-mobilisation-framework-postcards.

**ENRICH:** brings together care home staff, residents and their families with researchers. It provides a toolkit of resources to help care homes make the most of research; and researchers to set up and run studies effectively and collaboratively in care homes.

**NIHR Webinar:** What can researchers offer policy makers? And what areas should you consider when sharing research knowledge with this group? Learn more in this webinar, hosted by Professor Annette Boaz. The session will help you to understand the challenges of engaging with policy makers and provide practical tips to help researchers overcome these.

**CAPE Guidance on Optimising success and hosting policy fellowships:** Research-to-Policy-Fellowships-six-pillars-for-optimising-success.pdf (cape.ac.uk); Hosting-Policy-Fellows-a-guide-for-Higher-Education-Institutions.pdf (cape.ac.uk).

**Improving Adult Care Together "Ask Impact":** Ask IMPACT identifies 'hot topics' across adult social care, reviews existing evidence and produces very accessible guides to help people with the challenges and opportunities they're facing. Ask IMPACT guides are designed to be really rigorous, but also practical and really accessible – building up a collection of trusted materials over time. https://impact.bham.ac.uk/our-projects/ask-impact-guides/.

**NESTA co-designing learning for evidence use and engagement:** https://www.nesta.org.uk/project-updates/co-designing-ways-to-improve-evidence-gathering-and-use/

**Communities of Practice:** https://library.hee.nhs.uk/knowledge-mobilisation/knowledge-mobilisation-community-of-practice

**NIHR Policy Research Unity in Policy innovation and evaluation:** https://piru.ac.uk/research/current-projects/.

# Research for impact

**UCL Public Policy Engagement training series:** https://www.ucl.ac.uk/public-policy/support/development-opportunities/training/public-policy-engagement-online-series

**NIHR ARC NT ECR Network Research impact planning and management webinar:** https://www.youtube.com/watch?v=AnYgYHGLCr0

**NIHR Impact vision with animation video:** https://www.nihr.ac.uk/about-us/our-impact/impact-vision

**Impact coffee club jointly organised between AMRC and NIHR:** https://www.amrc.org.uk/who-we-are

**NIHR ARC NENC Planning for impact – NIHR toolkit for researchers:** https://arc-nenc.nihr.ac.uk/resources/planning-for-impact-nihr-toolkit-for-researchers/

**NIHR SPHR "useful impact resources":** https://sphr.nihr.ac.uk/wp-content/uploads/2021/02/Useful-impact-resources.pdf

**Bayley and Phipps "Impact Literacy Workbook":**
https://www.emeraldgrouppublishing.com/sites/default/files/2020-06/Impact%20Literacy%20Workbook%20Final.pdf

**NIHR ARC West bitesize "Introduction to implementation and impact":**
https://arc-w.nihr.ac.uk/training-and-capacity-building/arc-west-courses/implementation/video/

**EPPI Centre guidance on research impact and knowledge exchange for researchers:** https://eppi.ioe.ac.uk/cms/Default.aspx?tabid=3422

**University of Glasgow FutureLearn course on Research Impact:**
https://www.futurelearn.com/courses/research-impact

**Research Impact Academy:** https://researchimpactacademy.com/

**Fast Track Impact:** https://www.fasttrackimpact.com/for-researchers

**Social Care Research Impact website:** https://socialcareresearchimpact.org.uk/

**UK Parliament "How to engage parliament as a researcher" guides:**
https://www.parliament.uk/get-involved/research-impact-at-the-uk-parliament/what-next/

**UPEN website:** Universities Policy Engagement Network (UPEN) is a central space for academics, policy actors, and professional services staff who undertake and support academic-policy engagement. We champion academic policy engagement to strengthen evidence-informed policymaking in the UK.

**Research communications in social care:**
https://www.lse.ac.uk/cpec/news/research-communications-reflections

**UCL "Transform":**
https://liveuclac.sharepoint.com/sites/VPRIGECreatingimpactthroughKE

**Research in Practice:** Working with and for professionals in the social care, health, criminal justice and higher education sectors offering resources, learning opportunities and specialist expertise:
https://www.researchinpractice.org.uk/all/content-pages/about-us/

**UCL Health Economics Policy Lab:** https://www.ucl.ac.uk/population-health-sciences/health-economics-policy-lab

**Transforming evidence:** https://transforming-evidence.org/

# Journal Articles

Adriana Banozic-Tang , Araz Taeihagh, Perspective on research–policy interface as a partnership: The study of best practices in CREATE, Science and Public Policy, Volume 49, Issue 5, October 2022, Pages 801–805, https://doi.org/10.1093/scipol/scac028

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