

## Co-located welfare advice in GP surgeries

People receiving welfare advice at their GP were compared to a control group. After 3 months people getting advice showed greater:

- reductions in common mental disorder, particularly if female or Black/Black British
- reductions in the experience of financial strain
- improvements in mental well-being, if advice led to a positive outcome

For every £1 spent by commissioners, each advice recipient gained on average £15.



For more information:

[www.arc-nt.nihr.ac.uk/research/projects/benefits-of-co-locating-welfare-advice-in-primary-care/](http://www.arc-nt.nihr.ac.uk/research/projects/benefits-of-co-locating-welfare-advice-in-primary-care/)