**Mental health research for all - MH-ALL2**

Background: Through the funding provided by this scheme, fellows will plan and engage in a series of activities and learning opportunities to advance their career in research.

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|  | ALL STAFF pathway | PEER SUPPORT pathway |
| Who is eligible? | * Anyone who is employed by an organization located within the North Thames region and who works within mental health. This includes people who work within mental health services, social care, public health, commissioning and research. * Priority will be given for those who work in roles with fewer traditional routes into research. | * Anyone who works within the field of mental health in a peer support capacity (eg: peer support worker, peer coach, peer tutor, etc.). This includes people who work within mental health, social care, and the voluntary sector. |
| What is the application process? | All applicants are asked to complete a three-part application process:   1. Complete & submit the application form (word document) and ensure this is discussed with and signed by their line manager 2. Prepare & submit a CV (max 2 page word document– font Arial 12 – applicants can use the template provided for guidance or submit a different format as long as it is within 2 page-limit). 3. Complete the [Demographic Monitoring Form](https://forms.office.com/e/vraGaFaqJb) <https://forms.office.com/e/vraGaFaqJb> – this is not assessed as part of the application, rather a tool for us to monitor the reach and inclusiveness of the call. | |
| What support is provided during the application process? | * Workshop on the application process with Q&A with Fran Tuesday 7th October 1pm  <https://ucl.zoom.us/meeting/register/tJApdeyvqD8iE9bqKaweKSVCY-XEBk3mkj-6> * 1:1 mini chats with Fran - <https://calendly.com/rmhafza/mh-all2-fellowship> * Applicants can submit a draft application by October 21st 1pm – the MH-ALL team will arrange for review and feedback to be returned by November 4th * Meet the team – learn about MH-ALL and participate in one of our activities in person as part of the Bloomsbury Festival Wednesday 23rd October 6.30pm [Weaving Kindness into Mental Health Research - Bloomsbury Festival](https://bloomsburyfestival.org.uk/events/weaving-kindness/) * Review and selection of fellows between November 25th  and December 12th | |
| How the funding works | * Funding for part-time (flexible) work over 12 months, up to a maximum of £25,000 * The funding award will be transferred directly to your employer to fund replacement staff to cover your absence for the duration of your fellowship (known as backfill) | * Funding for part-time (flexible) work over 12 months, up to a maximum of £20,000 * The funding awarded will be transferred directly to your employer to fund replacement staff to cover your absence for the duration of your fellowship (known as backfill) |
| Aims of the Fellowship | * To create a plan for career development in mental health research * To develop a fellowship application / project proposal / funding application * To connect with a network of researchers in the field of mental health research * To develop core skills as a ‘research champion’ * To become an active member of a research network | |
| How much time will you be expected to commit for the fellowship? | Between 1 and 2 days a week for 12 months | |
| Meetings and activities to attend and participate in – **required** | Key dates:  3rd March 2025 - welcome & Intro  8th September 2025 – training TBC  2nd March 2026 – closing event  Peer/reflective practice group meetings – every two weeks on alternating days (Mondays and Wednesdays)  Training dates – programmed TBC | Key dates:  3rd March 2025 - welcome & Intro  8th September 2025 – training TBC  2nd March 2026 – closing event  Peer/reflective practice group meetings – every two weeks on alternating days (Mondays and Wednesdays)  Training dates – programme TBC |
| Meetings and activities to attend and participate in – **recommended** | Theme meetings – every second Tuesday of the month 11.30-12.30  Short courses/other engagements  Staff Research Championing role | Theme meetings – every second Tuesday of the month 11.30-12.30  Short courses/other engagements  Staff Research Championing role |
| What are the benefits of the fellowship? | * The fellowship secures protected time for engaging with research * During your fellowship you will complete training and participate in reflective practice groups * You will receive mentoring and supervision as a member of NIHR Applied Research Collaboration North Thames * You will receive project development support | |
| What support will we provide? | We will support you in creating a bespoke training plan to build your research skills We will connect you to a research mentor to help you navigate the field of research. The mentor will be an Early Career Researcher  We will identify tailored research support from our growing community of alumni and [NIHR ARC North Thames](https://www.linkedin.com/company/nihr-arc-north-thames/) collaborators | |
| What support will we ask of your employer? | Commitment to safeguard allocated time  Understanding and willingness to explore opportunities to further your research career  Co-operation with MH-ALL team to identify a work-based mentor | |

If you have any questions, please contact [mh-all@ucl.ac.uk](mailto:mh-all@ucl.ac.uk)