

Involving Young People in commissioning

Our evidence based Young Commissioners Model:

- provides a toolkit and webinar to support young people and commissioners to co-produce services
- has informed service development in disadvantaged communities in East London and West Midlands
- is included in NICE and NHSE Guidelines
- is eCPD accredited



**University of
East London**



NIHR

**Applied Research
Collaboration
North Thames**

Co-designing community-based diabetic services responsive to the needs of children and young people

“The confidence and drive that young people have shown is second to none, presenting challenges and questioning approaches, making it truly inclusive. Engagement of service users is key to the implementation of any commissioning function and is embedded in our processes” - Shain Akhtar, Commissioning Officer, Dudley Council

“It was a really positive and rewarding role. I was living with diabetes and it gave me the chance to improve the services for other people” - Sema Thasnim, Young Commissioner



Find out more: arc-nt.nihr.ac.uk/research/projects/young-commissioners-model-co-designing-community-based-services/

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